

A woman with long, wavy blonde hair is seen from behind, running on a sandy beach towards the ocean. She is wearing a dark blue, short-sleeved top and a long, flowing skirt. The background shows a calm sea and a hazy, sunset-colored sky. A small boat is visible in the distance on the right. The entire image is framed by a light beige border.

HAIR EXTENSION AFTERCARE GUIDE

BY DARLENE AT HALLOW HAIR CO. .

B R U S H

Brushing your extensions is one of the most important aftercare steps with extensions. Use an extension-specific brush. Hold your extensions in a ponytail and begin brushing from the ends toward your hand. Once the ponytail is detangled, release the hair and hold your wefts up to your scalp and begin brushing from the ends towards your scalp. Be sure to brush your extensions a minimum of three times per day.

S H A M P O O

Limit washing to 1-2x per week. Be sure to shampoo between rows, lifting and and sectioning when necessary. If using a shampoo that lathers, make sure to wash and rinse as many times needed until there are suds. Rinse more than what you're used to. Keep water flowing in a downward motion with the hair.

C O N D I T I O N

Apply conditioner from mids through the ends of hair and extensions. Allow conditioner to remain on the extensions for a minimum of three minutes. Rinse thoroughly. Replace your conditioner with a mask or deep conditioner every 3-4 shampoos to replace moisture.

P R O D U C T S

Start with your leave-in conditioner applied to mids and ends. Next apply your styling products, saving your serums and oils for last to seal in any other products. Avoid any products with a high alcohol content, especially hairsprays, as they will dry out the extension hair. Apply a few drops of oil each night when brushing and braiding. Avoid purple or other tinted shampoos/conditioners.

D R Y

Towel dry your hair with a microfiber towel or a t-shirt. Use squeezing motions as opposed to rubbing motions to avoid friction and frizzing. It's ok to let your extensions air dry, but be sure to blow-dry excess moisture from the root/scalp area. NEVER go to bed with wet extensions. DO NOT blow-dry your hair upside down. NEVER round brush extensions from wet to dry. Ensure the hair is 80-90% dry before using a round brush.

S T Y L E

Limit heat styling of your extensions to 2 times per wash. Be sure hair is 100% dry before applying any flat irons, curling irons, wavers, crimpers or any other hot tool. Always use a heat thermal protectant to protect hair. Do not turn irons above 360°. Use dry shampoo to extend time between shampoos. Sleeping in braids or rope braids can extend the life of your style.

S L E E P

Before bed, brush your extensions and apply oil if your ends feel dry. Sleep with your hair in two low ponytails, two braids or rope-braids, or in a loose bun on top of your head.

NEVER go to sleep with wet extensions. For an extra layer of protection, sleep on a silk pillowcase and/or with a silk wrap/scarf/bonnet. Bonus tip: apply your dry shampoo before bed to help absorb oil from the start.

S U N + S W I M

You can swim with extensions, but it will shorten the life of your extensions. If you do choose to swim with extensions, be sure to rinse your hair with fresh water, apply a leave-in conditioner, then braid your hair to prevent tangling. Shampoo and condition as soon as possible after getting out of the water.

Most sunscreens contain avobenzone, which can have a chemical reaction with the hair extensions causing them to turn orange/peach. To avoid this heartache, we keep Goldie Locks Mineral Sunscreen in stock at the salon for your convenience.

M A I N T E N A N C E

It is necessary for you to return to the salon every 6-12 weeks to maintain your extensions. As your hair grows, your extensions will move further away from the scalp. Appointments not maintained within the recommended time frame run the risk of tension on your natural hair, tangling and matting. If you experience extreme shedding or tension or something has slipped, please contact Darlene immediately.

CURL CARE

DETANGLING YOUR CURLS

Finger detangle your hair two to three times per day (morning and night, at minimum). It is crucial to keep your extensions tangle-free for the ease of styling and longevity of your extensions. Don't forget to hold the base of your wefts secure any time you are detangling.

NIGHT TIME ROUTINE

Section-detangle your hair. Split your hair in half and clip one side away. Take one to two inch vertical sections and simply finger-separate them so you can see your scalp at the base of each section. Start in the front and work to the back. Once one side is complete, move to the other. Apply oil to your mids and ends each night to keep your curls hydrated. Sleep with your hair in two braids or in a pineapple style bun (whichever works best for your curls).

REFRESHING YOUR CURLS

Use a water bottle to style your hair. Spray wherever you feel your hair is frizzy to reset your curls. Spray with a leave-in to moisturize and detangle. Alternatively, some curl-friends like to use a mixture of water and conditioner (or leave-in) in the same bottle to refresh. If needed, apply any styling products at this time. If you still have frizzy areas, re-wet that section and repeat the steps. If needed, diffuse your curls. Use caution flipping your hair upside down and scrunching your curls. Some naturally curly hair will separate from the extensions when you do this.

WASHING YOUR CURLS

Separate your rows and detangle each row from the ends up to your root before getting your hair wet. Shampoo and rinse your hair by rows. Starting at the bottom with your natural hair, clip everything else up until you're ready for that section. Make sure you rinse each section individually and thoroughly. Apply conditioner and let sit for a minimum of three minutes before detangling. Split your hair in half or quarters and detangle with a wide tooth comb from the ends to the scalp. Once your hair is comb detangled, separate into rows and use a detangling brush, adding more conditioner as needed. Once your hair is detangled, rinse your conditioner. Use a microfiber towel or t-shirt to dry your hair. Apply products and style as desired.

AFTERCARE VIDEOS

FOR VIDEO TUTORIALS ON HOW TO TAKE CARE OF YOUR EXTENSIONS,
CLICK HERE OR SCAN THE QR CODE BELOW

WWW.HALLOWHAIRCO.NET/EXTENSION-VIDEOS

